

IMPACT EMPLOYEE ASSISTANCE PROGRAM

Online Service Request

Connecting with
your EAP has never
been so easy!

IMPACT Solutions' Online Service Request form offers quick, convenient, and confidential access to all of IMPACT's services.

To access the Online Service Request form:

- Go to **www.MyImpactSolution.com** and click the orange button in the right hand corner labeled "Go To Member Login"
- Enter your organization's username
- Once logged in, click the red "Need Help?" tile
- Click on the **Request for Counseling** or **Request a Daily Living Referral** button depending on your need

The request form only takes a few minutes to complete and once submitted you will receive your referral within one business day.

Did you know... you can request services on-line at www.MyImpactSolution.com?

Counseling requests:

- Stress
- Anxiety
- Depression
- Substance Abuse
- Family Issues
- Workplace Issues
- Relationship Issues

Daily Living requests:

- Legal Assistance
- Financial Counseling
- Elder/Adult care and caregiver support
- ID Theft Recovery/Prevention
- Mindfulness Coaching
- Nutrition Counseling
- Tobacco Cessation